

BAMRA AROGYA TRUST

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SOLVE THE CASE -CONTEST-2019.

LIPPE AWARD

14. You are advised to read carefully the instructions given below, prior attempting the questions of the paper set for SOLVE THE CASE -CONTEST-2019.

15. It is not the only marks on which your assessment shall be made for awarding the prestigious LIPPE AWARD and other prizes but your, the perception faculty, the style, the way of expression, the words used, understanding of the rubrics, the clarity and the sequence etcetera shall be taken into consideration.

16. The Paper contains Sections - A and B.

17. Section-A contains ten questions, each of four marks. Indicate the remedy against each on the answer sheet.

Example – Q.-1. - Mention Name of the remedy. Please do not write the question .

18. Section-B contains four cases; each has been marked according to the importance. Attempt ONLY ONE from this section.

19. Any one of the Repertories and Materia Medicas of your choice may be permitted by the invigilator in the examination hall only for your personal use.

20. Any electronic device is not allowed in the examination hall.

21. Write your Role number, as has been allotted to you on the front page only, the space allotted, of the answer book.

22. Role number or name or both must not be written on any page of the answer sheets except the page, mentioned at 4 above.

23. Use right side of the answer sheets only, provided to you, for writing of your answers.

24. Left side of the answer sheets may be used for rough work or be left blanked.

25. ANY ANSWER ON LEFT SIDE OF THE ANSWER SHEET SHALL BE CONSIDERED ROUGH AND NOT BE MARKED.

SECTION-A

Q-1. What a color combination? I like blue now, in child hood black was my favorite. You are wearing black! Oh! My aunt dislike black and uncle love it. I left my boy friend because he was indifference to colors. Without color doctor! can you imagine world?

But your complaint?

Oh! When I was going in a shining golden morning for my daily walk, saw a row of white birds, I do not know the name. Anyhow...!

Suggest the remedy.

[Talking colors about-Ozone.]

Q-2. What is the problem with your eyes?

Nothing, the patient replied.

But throughout the whole interview you answered closing your eyes!

Name the remedy.

[Talking with, eyes closed – Nat mur.]

Q-3. The mother, came with anxiety about her ten years old boy, very talkative, but quite opposite in the morning.

“I repeatedly ask him to do this that, as I have to go to school at 0800h, he does not answer. Why, I cannot understand. Doctor! please check, whether he lost his hearing in the morning or has got other mental problem?” –She said.

Which remedy you will give to her son?

[Aversion to answer – morning - mag-m.]

Q-4. Another mother was more disturbed than the above -mentioned Mom, as her seventeen old daughters very nice, beautiful instead of answer sings, talks, laughs without

looking at the face of the mother. Doctor! begot her with lot of troubles and medications.

Please help me.

With what remedy, you would help her?

[Aversion to answer - sings, talks, but will not answer questions - agar.]

Q-5. He is six-year-old boy of a mother, teacher by profession. "He makes so many mistakes in writing; I am being blamed by everyone. He cannot sit still for a moment whole the day. Even during sleep, very restless. He will make me mad doctor!" - She exclaimed angrily.

"Now, in addition biting his finger nails, started biting toe nails also!! - She cried.

Please help her.

[Biting - nails - toenails - children; in - sacch.]

Q-6. "She is now ten years old. I don't have any major complaint against her, except few minor cold or cough or both which appear suddenly that too generally in winter but her eating habits. I am always after her for eating, this or that. After many efforts she sits and takes sometimes hour, to eat little!" - The mother narrated.

What remedy you would like to prescribe?

[Slowness - eating, while - aconite.]

Q-7. "Doctor! I have crossing my fifty now but as far as I remember I never crossed my abdomen. I am a successful business man. I feel much heat, but it was not able to stop me to do my job. I want open air, but when I am on assignment, I forget it. But abdomen always came in my path. Pain, flatulence, distension and started weeping while narrating his ailments!"

"Doctor! He always weeps, when he suffers with such complaints." - his wife said.

I wrote Pulsatilla for him.

Do you agree?

If not, write your prescription in the box.

[Weeping - abdomen; during complaints in - carb-v.]

Q-8. She, during the interview talked about pains, head, eye, chest, extremities of all types – rheumatic, stitching, wandering, radiating, muscular soreness but pain – inflammatory and neuralgic, aggravate menses – after.

[Pain - menses - after - aggravate. - Cimicifuga.

- Menses - after - aggravate. – Neuralgic - Cimicifuga.]

Q-9. He is a child of ten years with weak vision and wart on his nose, suffering from cough morning and night since last two months. In the night his nose obstructed without any discharge from the nose.

What is the remedy?

[Cough morning and night – Causticum.]

Q-10. Age 40, hair falling, came and said “Doctor! Please do something for my flatulence. I cannot think anything except this flatulence. Only relief I get from eructation. I have gone to many eminent doctors, but could not help me. I have been told by my friends, doctor! you may do something.”

What remedy you would like to prescribe?

[Anxiety - flatulence; from – Cicuta.]

SECTION-B

CASE -1 – MARKS – 60.

Stannum Metallicum.

Past history.

The patient is a man, a retired baker of 67 years old. In 1983 he had a heart attack, but recovered very well from that. Since 1986 he came in homoeopathic treatment for small skin problems. Constitutionally the total picture of Sulphur was present and he reacted well on one dose of it. Now and then he consulted me for small problems which were only treated homeopathically, first with Sulphur and when the man became softer and wept a

lot, I changed to Pulsatilla, which even gave better result.

Bladder cancer.

In 1992 he came with a total new complaint:

Pain in the glans penis at the end of urination. Four months later he complained of strong urging to urinate almost every hour of the day. At the end of 1992 he came with the complaint of bloody urine. The urologist found a small bladder cancer together with some swelling of the right kidney.

I gave one dose of Conium 200K. Local resection of the tumor via the urethra confirmed the diagnosis of carcinoma. The frequent nightly urination after this operation was helped with one dose of Staphisagria 200K.

The allopathic treatment.

After the local resection of the cancer the patient remained well with as only complaint a frequent urination. I tried one dose Natrium muriaticum MK without clear result. In August 1993 the urologist had to do a new local resection because of new tumor growth at the same place in the bladder. I gave one dose of Conium 10MK. In January 1994 there was a new haemorrhage from the bladder. Cystoscopy showed new growth of the tumor with swelling of the right kidney. At that moment the urologist decided to remove the total bladder. During the exploration of the abdomen they found a massive cancer-metastasis around the iliac blood vessels and between the aorta and the vena cava. Removal of the totality was impossible so that they decided to close the patient and to treat with chemotherapy and local radiation.

In April 1994 the six cures of chemotherapy were finished. The patient felt very bad, wept, was sad, could not sleep because of nightmares, and was very tired. His biggest problem was nausea with the impossibility of eating, he could only eat ice-cream, and this was ameliorating his nausea. One dose of Phosphorus 200K brought on a very quick relief of all the complaints and restored the total energy.

In July the 30 cures of local radiation on the bladder were finished. Again, the patient

was tired, dizzy, and had painful urination every hour of the day and the night. A repetition of Phosphorus 200K brought no relief but changed the nature of the complaints.

A new homeopathic symptom.

In August 1994 the patient still had painful frequent urination and very cloudy urine mixed with blood. In addition, he started having a very strong pain in his bladder extending on one side to the glans of the penis and on the other side to the abdomen. The pain started in the morning and aggravated until noon, in the afternoon the pain diminished slowly so that the patient was totally free of pain in the evening and during the night. Every few days the pain got worse so that the patient suffered so tremendously at noon that he was obliged to lie down although he was nearly free of pain in the evening, the night and the morning. The patient himself was wondered why this pain started so slowly one hour after rising from bed, increased until an unbearable intensity at noon, and slowly disappeared in the afternoon. The urologist could not give any explanation but prescribed strong painkillers. As a homeopath I was looking for a remedy that fitted this strange, rare and peculiar new complaint.

A new remedy.

In his lecture on Stannum metallicum Vassilis Ghegas mentioned that the central characteristic symptoms of Stannum is: 'Symptoms appear and disappear gradually together with the sun'. In the repertory we find: 'pain appear and disappear gradually';

and 'head pain morning, increases and decreases with the sun';

This central characteristic symptom fitted the strange pain of the patient and this was the reason that I gave, although I was in despair, one dose of Stannum metallicum 200K in August 1994.

The miracle after Stannum.

After Stannum the pain immediately started to diminish and disappeared totally after ten days. The urine immediately started to clear up to normal, the flow of the urine became normal, urination was no more painful and the frequent urging diminished. After one month

the bladder pains started again and I gave one dose of Stannum MK. There was an immediate amelioration with a new relapse after fourteen days. With much despair I repeated Stannum MK, but the reaction was again beautiful and this time more long-lasting than before. The energy increased, the pains disappeared totally, the flow of the urine became stronger and the patient could wait hours before he had to urinate again so that his sleep was no more disturbed. The patient even mentioned an amelioration of his concentration. The patient stayed without any complaint during the following seven months and needed only Sac-lac.

Long term follow-up after Stannum

In April 1995 the nightly urging to urinate returned and the patient complained of headache. One dose of Stannum 200K helped perfectly. In July 1995 he was dizzy when he rose from sitting and complained of periodic difficult respiration. One dose of Stannum MK restored the case. In October 1995 he was coughing and complained again about difficult respiration. Because Stannum MK only helped partially, I repeated his earlier remedy which is complementary to Stannum, Pulsatilla MK with good result. In December 1995 his periodic difficult respiration came back so that an allopathic check-up was done. The cardiologist concluded that the heart, which was already damaged because of his heart attack in 1983, was now more damaged owing to the chemotherapy. Allopathic cardiac medication helped a lot. In February 1996 he complained of a cold with cough for one week and Stannum 10MK solved the problem. In March 1997 the patient complained again of some dyspnea and one dose of Stannum 200K helped him very well for the last six months. The last two years the patient did not have any bladder or urination complaint any more. His general energy is perfect and his creativity is very good. He continues taking some allopathic heart medication for his damaged heart and outside of the mentioned homeopathic remedies he only received Sac-lac in between.

PROGNOSIS -Conclusion.

This patient never had mental nor emotional complaints, and this was confirmed by the

family of the patient. He only came in homeopathic treatment for rather superficial physical complaints, without any restriction upon his general energy and responding well on few doses of Sulphur and later of Pulsatilla.

It is strange that the patient's body produced the bladder cancer, but it was lucky that this patient after the allopathic treatment of the cancer produced such an overwhelming peculiar symptom that it led to the choice of Stannum.

Thinking that I was helping the patient palliative with homeopathy, the reality showed that the organism of this patient used the Stannum-energy to help disappear (or cure?) the cancer and the metastasis for already more than three years now.

More strange for me is that the patient did very well before the cancer on Pulsatilla, and since the cancer is doing very well on Stannum, although Stannum is complementary with Pulsatilla.

Note on 'one dose':

One dose of a remedy means for me that I really give one dose of the high potency followed by Sac-lac three times a day during three days. Before I repeat the high potency, I always try Sac-lac three times a day during some days to see the answer of the organism.

Only if there is no amelioration, I give the single high dose. Since I use this system the follow-up after one single dose of a high potency is clearer than in earlier times when I gave three doses of a high potency a day during one, two or three following days. Dr. Fons

Vanden Berghe Schurfstraat 46 -3600 Genk Belgium.

1. What is the prognosis? -10 marks
2. Please fill the blanks left in the case. -15 marks
3. Analyze the case -15 marks
4. What is the remedy?-5 marks
5. What is the peculiar symptom in this case? -15 marks

C-1

SYMPTOMS

1 URETHRA - PAIN - urination - after - agg. 13

2 GENERALS - PAIN - appear gradually - disappear; and - gradually 42

3 BLADDER - URINATION - urging to urinate - frequent 240

4 BLADDER - URINATION - frequent - night 159

ANALYSIS

puls. stann. sars. sulph. nat-m. sep. bar-c.

1 3 1 3 1 - - -

2 2 3 1 1 2 2 1

3 3 2 2 3 3 2 3

4 2 1 2 3 2 3 3

VES

So far the best probability is stann. met 317.5 (confidence rating 113 points)

Or

CASE – 2 – MARKS – 50.

Case from 1912 of Miss P. Anorexia

She was on a horse that ran away and she was frightened. On December 12th she had

Amenorrhea - that is the Complaint.

“Loss of appetite, constipation. Very chilly, but fears increase in a closed room. Cross

and difficult to get along with; increases with heat, increases with cold, decreases when

quiet. Headache when awakening. Desires cold. Stomach sensation of a load after eating.

Because Sepia had formerly done. Well I gave Sepia again. As the remedy did not work to

the satisfaction of the family, she did not return for a second prescription, but went to an

old school doctor, an allopath. With the aid of an osteopath he treated her Amenorrhea

until February 1913".

So, from December to February.

"Under the osteopathic and the allopathic treatment, she had become very nervous, pale and restless and emaciated from 103 pounds to seventy-eight pound". That is a considerable loss of weight, twenty-five pounds. "The allopath advised her to go west for her health; the osteopath said she was almost insane. She was taken to a nervous specialist, he pronounced her in fair condition, but said she must eat to get some strength. From the first she had refused to eat. He gave her strong stomach stimulants, similar to those she had been taking, but on the fourth day of his treatment she became so unmanageable, that I was again called. I accepted the case only under the condition that I might ask the aid of a colleague, Doctor Allen from ...City, who I knew to be an accurate prescriber homeopathically and with whom I felt assured of the ability to cure the girl".

The girl is uncontrollable.

"The family could do nothing with her, excited, restless, wants everything to be in motion. Chases the cat from under the stove: 'Oh, I can't bear to see that lazy thing'".

"Ordered her stepfather to chase himself around the house and not sit around the whole day. She was determined to do all the work, but everyone must move and move rapidly". She is in a hurry and she wants everybody to move in a hurry too. "Insisted on serving at table. Loaded the dishes full, but would eat nothing herself". She would put a lot of food on the dishes, but didn't eat.

"Fear she would get fat. Hurries. Walks rapidly. Must be active every minute. Took up her schoolwork and began to work on physics or on geometry. Forced her music teacher to give her a lesson, practiced for hours at the piano. Cross, hateful, appeared possessed of Old Nick. Sleep impossible. Would not go to bed before midnight, didn't want to take time to go to bed. Never tired. Feels strung up. Very industrious, constantly, cannot relax. Aversion to order or of heat. Chilly, sensitive to cold. Inclination to constantly weep. Weeps much. Craves salt, heaps it on any small bit of food she eats. Craves and eats much chocolate

candy. Will take the raw juice of lemon to keep down the fat, her body fat. Nosebleed, bright red, from the right nostril. Skin shallow, strawberry tongue. Albumin in abundance in urine;

That means that she has some kidney failure, it is a symptom of a kidney problem.

Pulse 67, temperature 96, 8;

She has a subnormal temperature. The temperature is only 96, 8. In your degrees this would be more or less about 35, 5°. If the temperature goes below a certain degree, which is around 34 centigrade, below 96, 0 or 95, 5, it starts to go in a spiral where the lower the temperature the weaker you are, the weaker you are the lower your temperature goes. It is a vicious circle. She is already weak and she will go eventually to that kind of downhill spiral.

Pulse 67, temperature 96, 8 when standing. As soon as she sits, the pulse drops to sixty.

From our study of the case with the repertory the choice appeared to be between Natrum Muriaticum and Sulphur, but the choice was difficult. Sulphur 200 was selected, but it did little for her, it stopped the downward progress, but she made no improvement.

After a few days I gave Natrum Muriaticum 200, as Sulphur had appeared to be almost useless. The case remained unchanged. She continued to run things high from early morning till midnight. Refused to eat, was terrible to live with. Fearful of getting fat, though she weighed only 67 pounds now. Was dreadful to behold. Again, studying the case, beginning with the rubric refused to eat, Arsenicum album was in all the symptoms;

See, it corresponded to all the symptoms or some of the symptoms fit Arsenicum, she is restless, she is impatient, but is that the genius of Arsenicum? It doesn't look like it. I gave

Arsenicum 200, it dispelled her restlessness and she was a bit better. After a few days she became worse again;

He reported the case to doctor Kent.

His telegram soon came. Give the patient Tarantula Hispanica 10M. It suited exactly and I hadn't seen the picture plainly as it had presented. Tarantula Hispanica, three hours later her condition was completely changed. Instead of driving her mother from the room,

not allowing her near, she wanted to be with her mother every minute as with almost any sick child. Totally relaxed she was quite a different person. Gradual improvement from the dose of Tarantula. Hands and feet became very dry and scaly about four weeks after Tarantula. After five weeks doctor Kent advised Tarantula Hispanica 50M. About four weeks after the skin became natural. Fine fussy hair, three-quarters of an inch long on the entire body, except the palms and the soles. And Tarantula has this hair. But at present writing the face was clear, the hair having entirely disappeared, she now appears perfectly well, but strength and flesh not fully restored

This is a rare case, such as will not frequently be observed in private practice. It shows again the wonderful power of the potentized remedy when the exact simillimum is used. If not for Tarantula Hispanica this patient must have died in an asylum.

Q.1 – MARKS -10

Answer – Prognosis

The case is having various clear and characteristic symptom hence the prognosis is good.

Q-2 MARK

Answer -

SYMPTOMS

1. HURRY
2. EATING - refuses to eat
3. ANOREXIA NERVOSA
4. ACTIVITY - desires activity
5. BUSY

ANALYSIS

Tarent. Verat. Sulph. Ars. Lach. Hyos. Sep. Carc. Op. Apis Bar-C. Ign.

1. 3 1 3 2 2 1 1 1 1 1 2 2

2. 3 3 1 1 1 3 1 1 1 1 1 2

3. 1 1 1 3 1 - 1 1 - - - 1

4. 1 3 2 2 3 2 2 1 3 2 1 -

5. 2 2 2 1 2 2 1 1 2 2 2 1

So far the best probability is Tarent. 791.9 (confidence rating 103 points)

Q.2.

Q.4 - Marks

Answer - MIND - EATING - refuses to eat

Q-5 – Marks- 15 marks

Answer

1. HURRY

2. EATING - refuses to eat

3. MIND - INDUSTRIOUS

4. ACTIVITY - desires activity

5. BUSY

1. What is the prognosis?

2. Analyze the case.

3. What Dr. Kent would have suggested?

4. What is the peculiar symptom in the case?

5. What are the three most characteristics symptoms in the case?

Or

CASE – 3 – MARKS – 40.

This case was written by a homeopathic psychiatrist in 1941. He had a fairly long experience and he says this: "One of my patients would come to the office in a depressed state. Weeping that her condition was absolutely hopeless and that she would never be well. She knew that she was going to lose her mind. She was greatly concerned because of

her inability to concentrate her attention. She felt her memory was becoming worse as time went on. She was unable to carry on her work as a schoolteacher, because mental effort made her confused. She stated that she had lost all interest in her work. She complained of pain and aches in various parts of her body". That is typical of hysteria, complaining of pains and aches everywhere in the body. "She was unable to sleep and always got up more tired in the morning than when she went to bed. She was very dissatisfied with her environment, thought that people around her were beneath her. She had formally been a very capable woman, but now she had an aversion to her work. She was having considerable menstrual difficulty and was fearful that she had cancer or some other serious condition in her pelvis". Again, you have the pain and ache and then hypochondriac anxiety thinking of some of the worst diseases. "She was very voluble and would keep up a most constant stream of talk, would talk and wring her hands and cry, all at the same time". Typical behavior of neurosis. "She was quite suspicious and full of doubt as to whether I or anyone else could understand her condition. I prescribed various remedies that seemed to be indicated but made no real progress until one day she remarked that her feet felt so cold and numb at night and that she felt as if they were almost dead and when she took off her stockings, they were always damp. Then the light broke. I thought I had taken her case carefully, but I had not. Because it was only the accidental remark about her cold, clammy feet that was the essential keynote symptom that I had not obtained by questioning. I looked up *Calcarea carbonica* and there was the lady as clear cut as a cameo portrait, but I could not see her through the smoke of many of her neurotic manifestations. *Calcarea carbonica* cured the case completely."

Q-1

Answer

PROGNOSIS

SYMPTOMS

1. FEAR - observed; of her condition being

2. DELUSIONS - watched, she is being

3. LOATHING - work

4. FEAR - cancer; of

5. COLDNESS - Feet - night - bed agg.; in

ANALYSIS

Calc. Ars. Bamb-A. Ferr. Chel. Zinc. Falco-Pe. Nit-Ac. Aq-Mar. Choc.

1. 3 1 1 1 1 1 1 - 1 1

2. 2 3 - - - - 1 - 1 1

3. 1 - - - - - 1 - -

4. 1 3 1 - - - 1 2 - -

5. 3 - 1 2 1 1 - 1 - -

Probability is calc.

1. What is the prognosis of the case?
2. Analyze the case.
3. What is the Key Note symptom in the case?
4. What are the three most characteristics symptoms in the case?
5. What is remedy?

Or

CASE – 4 – MARKS – 30.

ANKYLOSIS SPONDYLITIS – Andre Saine

Ankylosing spondylitis is a type of arthritis that affects the spine. Ankylosing spondylitis symptoms include pain and stiffness from the neck down to the lower back. The spine's bones (vertebrae) fuse together, resulting in a rigid spine. These

changes may be mild or severe, and may lead to a stooped-over posture.

I had a patient that had the serious disease ankylosis spondylitis, what is called the 'bamboo spine'. Interesting enough, every single case of bamboo spine or ankylosis spondylitis I ever had, has responded wonderfully to homeopathy, every single case. When I hear a patient has ankylosis spondylitis this really is a very serious disease, but for some reason it is easy to treat with homeopathy. The response is very easy, as compared let's say to lupus. This gentleman had this condition and he responded wonderfully to Nux vomica. His disease almost stopped completely but it was still a bit there and I tried to find the remedy.

He was an artist; a good artist. I couldn't find the remedy of this man, until I said we need some more symptoms, because he presented a very nice picture of Nux vomica and Nux vomica almost completely cleared the thing. There was a bit of inflammation left, and he had a few symptoms. I said there is something; there is a remedy that follows Nux vomica that we are not perceiving yet. I gave him about six months to give me some symptoms and he didn't come up with much. Except for this. He says: I don't know if it is going to interest you, but when I decide to do something, let's say I am going to do a drawing, I go many times [in conversation with myself], 'I am going to start that way', 'no

you should do it that way'. There are constantly two voices in my head. And I said: 'Tell me

more about it, when else do you have this?' He told me more and then he discovered himself, as he was talking to me, that as long as he can remember, he has two trains of thoughts constantly going on in his mind and he did not know that that was abnormal. I said 'tell me more'. He started to tell me that he always has 'two people talking' in his head.

I gave him Sepia. I looked in Hahnemann's Materia Medica, antagonism of the will and you have this exact symptom. You know the first patient where Hahnemann found Sepia was in the artist, the drawer. One and one made two and I looked at the case, it followed

well Nux vomica, just a wonderful response, because he told me that he can work now in peace of mind. Because you have no peace of mind, when you have two wills. That was a wonderful cure. I think it is in the repertory under 'Antagonism'. You will find that symptom in Hahnemann, Chronic Diseases. It describes in two or three sentences that tendency to have two wills.

Q-1

Answer

Nux vom.

Q-2

Answer

PROGNOSIS

Ankylosis spondylitis is a very serious disease, but it is easy to treat with homeopathy.

The response is very easy. Thus prognosis is good.

Q-3

Answer

ANALYSIS

Symptoms.

1. Antagonism with herself
2. Undertaking - things opposed to his intentions
3. Curvature of spine
4. Pain - Spine
5. Back - stiffness

Sep. Sil. Kali-C. Aur. Anac.

1. 2 2 2 1 2

2. 1 - - - -

3. 1 3 1 1 -

4. 1 3 2 1 1

5. 3 3 2 1 2

Sepia

Q-4

Answer

Antagonism with herself.

Q-5

Answer

SEPIA