

BAMRA AROGYA TRUST

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SOLVE THE CASE -CONTEST-2017.

LIPPE AWARD

1. The Paper contains Sections - A and B.
2. Section-A contains ten questions, each of four marks. Indicate the remedy against each on the answer sheet.
Example – Q.-1. - Mention Name of the remedy. Please do not write the question.
3. Section-B contains four cases; each has been marked according to the importance. Attempt ONLY ONE from this section.
4. Write your Roll number, as has been allotted to you on the front page, the space allotted, of the answer book.
5. Use the right side of the sheet for your answers and left side for rough work. ANY ANSWER ON LEFT SIDE OF THE ANSWER SHEET SHALL BE CONSIDERED ROUGH AND NOT BE MARKED.
6. Do not write your Name or Roll number on any page of the answer's sheet.

SECTION-A

Q-1. Fear – high places (2), water- running water (2) Desire. Potatoes (3) and sweets (1),
Cannot – Look at blood (2), Dream-people persuading him, not able to run (3), Skin – warts.
Which symptom is most characteristic in this case? (Cannot – Look at blood)

At 3 a.m., suddenly extremely ill, with a sensation of impending death, shaking and
trembling, chattering of the teeth and heat of the body, much heat of the lower extremities.
No cause could be given for this sudden attack, which roused the patient from a deep sleep.

The remedy lay between Aconite and Arsenic; but Aconite won the day, as one remembered

the suddenness of the attack, the fact that the patient was plethoric, strong, well - developed individual, somewhat choleric – and the day before had been, cold, dry and somewhat windy.

Q-2. What are the two remedies, you think of _____ and _____?

Q-3. Which one you select but _____?

Q-4. The patient suddenly wakened shortly after midnight by acute abdominal colic and nausea, could hardly get out of bed quick enough to get to the extremely bitter bile and loose, very offensive diarrhea: it was as if a tap was turned on, and there was no holding back. This happened two or three times, accompanied by great prostration, Arsenic cured the case. Which is the remedy _____?

Q-5. A little girl with a swollen face following a dental operation with pain in the jaw with stiffness and difficulty in opening the mouth was given Arnica 30, in three or four doses. The next morning, the swelling had gone entirely, the socket of the extracted tooth was clean and not inflamed, as it had been the previous day.

What is the remedy?

Q-6. Coffea may be required after dental extraction. These are highly excitable, nervous people, who find pain unbearable; there is the constant cry “Do not touch me. I cannot bear you to come near me.” They feel the very vibrations of the floorboards from anyone walking across it. Wide awake all night, extremely restless, increased sensibility to touch jar, noise, and light. Feel the cold very much, worse cold wind, sensitive to fresh air and to draughts. Yet with all this pain in the jaws and mouth, there is relief from holding cold water in the mouth; the colder the better.

Cannot drink warm tea or touch warm food, without its making the pains much worse.

Q-7. On examination of the mouth, blood was oozing from the dental cavity of extracted tooth and spurting artery from underneath the tongue, evidently due to laceration from the dental gag. Phosphorus 1m, a dose every ten minutes, stopped the bleeding from the cavity of the tooth, but not the bleeding from the lacerated tongue. Based on the type of

hemorrhage Lachesis 30 was given. Almost immediately after the first dose the bleeding slackened, became paler and coagulation took place in the spurting artery.

Q-8. & Q-9. The infant was a deep purple-blue all over its spine. This purple extended right over the shoulders and right down the buttocks on to the thighs. The patch was hard as a brick. You could make no impression on this hard, solid substance, and the mother told how rapidly it had been spreading since its birth, three weeks ago. The name of this disease is Sclerema Neo-natorum, which translated means hardness of part of the skin of babies. Would not the original doctor make a fuss, if he had managed to cure this incurable disease! And all that was needed was one dose of snake poison.

Q-10. Intense craving for cold water with vomiting almost as soon as it had been swallowed suggests Phosphorus.

SECTION-B

CASE -1 – MARKS – 60.

Case by George Vithoulkas.

Sixty-five years old man. Pain – knees, and hips due to arthritis. (3) & right side (2). & tired (2). & climbing stairs (2). & resting. Knees give way, as if weak (2). The right hip hurts in damp weather (2). Pain radiates to abdomen and to his back (2). Due to above pain, he walks stooped (2). He is healthy otherwise. Once a year he gets influenza with fever or strong coryza with bland discharge. At the age fourteen - acute rheumatism resulting weak heart better by itself. At the age of 45 – liver complaint better by fat-free diet. Father died at the age of 81a, mother at 86 and grandfather at 92. All healthy. One sister died of breast cancer at the age of 50. He is very punctual (2). He does not like to talk about his feelings (2). Strongly dislikes quarrels and hence keeps his feelings under control. Sometimes when unable to control the feelings burst into anger. Sleep is not good and awake at 4 a.m. (2). Dream- dead, long ago (2). Awake fresh and prefer to sleep on his right side (2). Windy

weather aggravates his conditions (2). Likes –fish shrimps and mussels (2). Hearty things (2). Sours and vinegar (2) Mustard (2). - Bitter things (2). Red wine (2). Dislikes –Beans (2).

PROGNOSIS

DEPTH OF THE DISTURBANCE

The pathology is on a physical plane, the skeleton. It can be dealt with if the damage is not severe. The E and M planes are not affected. Reserved nature is not a pathology.

PH

The diseases passed away without medical interventions, except lipoma, removed surgically. He remained susceptible to acute diseases throughout his whole life, with good reactivity of the immune system.

FAMILIAR MEDICAL HISTORY AND HEREDITARY PREDISPOSITION

1. Complaints of joints that implicates the heart, lipoma and aggravation from dampness – Sycotic.
2. The father and grandfather died at old age. Sister's cancer might be of Sycotic predisposition.

CONCLUSION

1. Organism is in good condition.
2. Main complaint is on superficial plane.
3. He is susceptible to acute diseases with high fever.
4. He had disturbances due to hereditary predisposition, but the organism was strong enough to maintain the balance.
5. The above suggests that the patient belong to Group 'A', Level L2

SYMPTOMS

1. GENERALS - CRIES - Bone, of
2. GENERALS - BRITTLE BONES
3. EXTREMITIES - HIP JOINT disease

4. EXTREMITIES - WEAKNESS - Knees
5. MIND - RESERVED
6. SLEEP - WAKING - night - midnight - after - 4 h
7. GENERALS - FOOD and DRINKS - fish - desire
8. GENERALS - FOOD and DRINKS - fish - desire - salty

ANALYSIS

Nat-

S.

Phos. Nat-M. Lyc. Sulph. Merc. Nit-Ac. Ars. Lach. Sil.

1 - 2 1 3 2 3 2 2 1 3

2 - 1 - 3 3 3 - - - 3

3 2 2 2 2 2 2 2 3

4 3 2 3 2 1 2 2 2 2 2

5 1 3 3 1 1 1 1 1 1 1

6 - 1 1 2 2 1 1 1 - 1

7 1 1 2 1 - - 1 - 1 -

8 2 - 2 - - - 1 - - -

9 2 3 1 2 2 1 - 2 1 -

1. Natrum Sulf is known for its deep sycotic trait. The food craving is confirmed by its Natrum component, the Natrum-Mur and awaking at 4am, the Sulpher.
2. Nat-sulph covers theropathology oriented analysis, the key-notes, the psychological essence and the underlying hereditary predisposition.

REMEDY - NAT SULPH.

Or

CASE - 2 – MARKS – 50.

Case by Andre Saine.

Sept' 14 1989. GW 25a, FM teacher, never well since, treated with Ars 30, for three weeks, 2 years ago. Fears she is a different person. She had fear of death during her pregnancy 2 years ago (3). Desire to kill herself (3). She consulted another doctor who prescribed pulls, au-met, capsicum, thuja, phos, each one dose in 200c. No improvement.

CC "I feel hollow, I want to break." – since Ars. Bones are hollow and feels would break. (3)" fear of insanity (3). Impulse to jump from window (3). Impulse to kill myself (3). Fear of knives (2)." "in a group, a thought that take my wig and through it. Take a knife and stab myself. In a car jump from the window. That the baby will jump from her arms thro window." these are persistent thoughts and of intensity 3. "I always do something. I want to be hyperactive as my father is." anxiety in stomach. Apprehension in the chest – as if I am in a fog from the chest up. With anxiety, she has burning lips, hunger and insomnia. Chronic recurrent sore throat since child hood. Warm blooded (3). Worse warm room (2). Worse heat (2) head pain when exposed to sun (2).

Energy – low, 4 on the scale of 0 to 10. Worse from 4 to 7pm.

Nightmares since childhood about robbers, wars, but not after the homeopathic treatment. Sleeps on her sides (2). Sleeps window closed. Sees images on closing eyes.

Desires - sweets (3), ice cream (3), fat (2). Aversion – milk (2), cold drinks (2) and foods (2). Worse from wheat (2) and sweets (2). Thirst for large quantity but once or twice.

Periods - normal, 26 days. Chilly during menses. All symptoms worse before menses.

Bearing down sensation, as if it would burst (2).

Personality- very sensitive (3). Can't take criticism (3) and becomes sad very easily (3).

Feels guilty (3). Reproaches herself (3). Wants to help others (3). Perfectionist and fastidious about others (2). She says she cannot hear of hurting others (2). Fear of falling (3), high building (3), thunderstorm (3). Anxiety at night, alone when (2). Hypochondrial anxiety (3). 'I feel someone is going to hit me (2).

ANALYSIS

1. Generally, all her symptoms are worse when going to sleep.
2. She says she is not weeping, but during interview three or four times tears came down while describing her condition.
3. She had an indented tounge (1) and fungus on four toe nails and on the right temple. So, the physical symptoms are not prominent.
4. This is a very good example of neuroses, a well-developed OCD.
5. She had great fear of death for which she was treated.
6. What is the genus of the case?
7. In a mental case – aggravation before menses is not very characteristic. It is common in such a case.

CHARACTERISTIC SYMPTOMS

- Fear of insanity (3).
- Fear of falling from window (2).
- Impulse to jump from window. (3)
- Fear of high places (3).
- Fear of high buildings (3)
- Sensitive to criticism (3).
- Sadness (3).
- Guilt feeling (3).
- Reproaches herself(3).
- Fear of thunder storm (3).
- Fear alone, night (2).
- Anxiety- hypocondrical (3).
- Sleeps on her sides (2).
- Desires- sweets (3), fats (2), ice-cream (3).

Aversion – milk (2).

ANALYSIS

Vithoukas Expert System

Help in Prescribing:

The most probable remedy is Arg-n. 2333.7 (confidence rating 161 points)

Or

CASE - 3 – MARKS – 40.

Case by FARRINGTON A. E.

Early in the autumn of 1881, Mr. 'X' - returned from the sea-shore, expecting soon to fall a victim to dropsy. Coming under my care, I found his heart dilated with mitral insufficiency.

The whole body was anasarca, (generalized edema, or dropsy). The legs enormously swollen. The scrotum was very much distended, though its size had been somewhat modified by an incision, from which continually dropped serum into a bucket, placed conveniently in front of the patient's chair.

Unable to lie down, owing to water in pleurae and pericardium, as well as peritoneum, the poor sufferer was compelled to remain seated, catching snatches of sleep in brief intervals of rest from severe dyspnea. The surface of the body, especially the nose, lips, finger-tips and legs, was bluish-red. The pulse was rapid and intermittent. From the legs oozed a small quantity of water, not enough to give much relief.

SYMPTOMS

1. Swelling – General.
2. Heart Complaint.
3. Dyspnoea & Lying.

4. Skin – Discoloration – Blue.

ANALYSIS - 1

lach. ars. dig. phos. kali-c. crot-h. carb-v. apis bry. carb-n-s.

3 3 2 1 1 1 - 2 2 -

2 3 2 2 3 - 3 3 - 2

3 1 1 1 2 2 2 - 1 2

3 2 3 1 - 2 3 2 1 2

ANALYSIS - 2

Help in Prescribing:

So far the best probability is lach. 303.4 (confidence rating 87 points)

Help in Interrogation:

Also ask questions about grin.

REMARKS

1. The cardiac weakness, blueness of the skin and dyspnea when falling off to sleep, led to the selection of Lachesis, which was given in water, a dose every three hours.

2. The first potency used was the 5th, taken from the original stock procured by Dr. Hering, more than 50 years ago,

3. In a few days, the color of the skin changed decidedly. The pulse strengthened, though it still remained intermittent, and the legs and scrotum discharged copiously of their redundant water. Soon the patient could lie down, though sleep was broken by cardiac, instead of what we may term "dropsical" dyspnea.

4. Relapses occurred during the Winter, but no other remedy was needed, the only change being in the potencies used, from the 5th to the 30th.

5. Here is an instance in which an incurable disease was for months almost entirely relieved of distressing Dropsy with medicine alone. The man is still living.

Or

CASE - 4 – MARKS – 30.

HOMOEOPATHIC LINK.

Dr. W.M. Taji

A 30 year old male consulted me for the treatment of Rheumatoid Arthritis in August 1993. He complained of pain and swelling in his joints for the last ten years. The problem had begun on the left side but subsequently all the joints had been affected. For the last two to three years, he was never without any symptoms. The pain was worse from change of weather, rainy weather, before storm, clouds, motion, morning. He felt better by rest. Along with the severe pain there was numbness. There was cracking in the ankle joints. The patient was averse to sweets and liked warm food and drinks. Perspiration was more on the palms and soles. He liked warm bathing, which relieved him. He liked company and was of a sympathetic nature. He was tall, moderately built and had more than normal growth of hair.

R.A. Factor + ve, A.N. A. + ve

Past history: no peculiarities.

Family history: Mother- Rheumatoid Arthritis. Paternal Grand Father- Asthmatic. Before coming to me, patient had already received more than a dozen homoeopathic remedies without relief. I also prescribed a couple of remedies including Thuja, Rhododendron, Dulcamara, Calcarea Carbonica, without any relief.

SYMPTOMS

1. JOINTS PAINS

2. < change of weather, rainy weather, before storm, clouds, motion, morning.

3. He felt better by rest.

4. Anger violent

ANALYSIS

• meli. aur. nux-v. tarent. acon. anac. nit-ac. bell. cham. hep.

-
- 11-----
- 21-----
- 31-----
- 42444333233

REMEDY - Melilotus.