

CONTEST-2015.

SECTION-A

(A case of AIDS by Dr. Andre Saine)

Q.-1. November 3rd '87 - PD was in semiconscious state with incoherent speech, extreme weakness, great restlessness, fear of dying, desired company, cracked lips, extremely sensitive to light and to the slightest noise, especially voices. This is the worst case of meningitis. Cortisone; symptoms of liver intoxication; kidney failure; probably the pneumonia was still there but it just needed to be reactivated. Arsenicum alb-30 was given at 1 pm after noon during complete unconsciousness. About 15 minutes later patient sat up and smiled. His overall condition improved dramatically.

Q.-2. November 8th '87 – PD had dryness of the tongue with loss of taste & wakening, burning soles, painless diarrhoea early in the morning and burning, itching haemorrhoids. The pain in kidneys, liver and the oedema of the lower extremities were still unchanged. Sulphur 30, three times a day was prescribed. Condition improved.

Q.-3. November 12th '87 – He experienced the severe side effects of the antibiotics, which had been checked by the steroids – “Great chill with very high fever & slight uncovering and motion. He was very nervous and irritable from external impressions and wants to be alone. The potassium is 3, bit high. Nux vomica was given. His general condition improved further.

Q.– 4. November 16th '87 – Picture changed – he had profuse night sweats, sleeplessness, loss of appetite and burning, itching haemorrhoids. Sulphur-30 was prescribed three times a day. He improved.

Q.–5. November 12th '87-evening – He had high fever with aversion to uncovering, thirstless during heat, perspiration on the left side of the body. Pulsatilla-30 was prescribed.

Q.-6. November 27th '87 – He worried about the future and disease, especially about contagious disease. All his life he had a fear of microbes. He was fastidious about cleanliness

and conscientious about trifles. He had vertigo in high places (1) and fear of dark (2), death, narrow places and public speaking (2). He dwelt on past disagreeable occurrences. He was chilly, worse: cold room. He desired meat, salt and garlic. I gave Natrum muriaticum. Within one hour his energy picked up.

Q.-7. November 29th '87 – He woke up almost in the state of stupor, great heaviness of the head, very irritable, frowning, melancholic, talked about his homeland, very slow to answer, aversion to company, reproached himself, thirsty for cold drink and sensation of hair in the throat on swallowing. It is a new picture. The remedy is Helleborus and was given in 30 potency three times a day. The energy soon returned.

Q. -8. December 10th '87 – He had coryza after eating, heat of the face with coryza, throbbing headache on stooping, desire for meat and fat. The remedy is Nux Vomica.

Q. -9. December 16th '87 – He got pain in the root of the nose, dryness of the throat on waking, expired air feels hot. The remedy is Kali bichromicum.

Q. -10. December 30th '87 – He is very chilly, irritable when questioned, despairs of recovery, fear of death, and desires to be alone. All symptoms are very strong and intense Nux vomica-1m was prescribed.

SECTION-B

CASE -1 – by Andre saine – MARKS – 30.

History – PD, age 37, homosexual man, in the fall of 1986 consulted his physician for persistent dry cough of 10 months duration. Antibiotics were prescribed and he developed persistent diarrhoea with continuous and debilitating pain in the left hypochondria. Various medications were prescribed without any relief. February' 87 HIV test was found positive. After having treated with HIV antibiotics, steroids and other medicines in November 3rd '87 came with kidney failure large liver, HB-6 and serum potassium 2.7.

Treatment – Refer Q-1 to Q-10.

January 12th, 88 – case was taken personally. The eczema had spread to the left leg.

Since last two weeks he had been chilly on the left side of the body only. He had heat after eating and great loss of hair. He was more coherent. He never felt normal but different and excluded, conscientious about trifles, a chronic worrier, very self-conscious, strong anticipation and poor self-confidence. He hated himself, was uncomfortable in the presence of others; had been humiliated and diminished since his childhood by his father. He hated his father. He suppressed his anger and refused consolation. Since aged three had diarrhoea with tympanitic distension every day before going to school and when anxious.

PROGNOSIS.

This is an AIDS case with abuse of drugs – antibiotics, steroids, morphine and others. It gives a sense of poor prognosis. The appearance of intense and clear symptoms shows that his Immune and Defence system is responding and indicate a good prognosis.

CHARACTERISTICS

☐ Forsaken feeling,

☐ Conscientious about trifles,

☐ Want confidence

☐ Anger suppressed

☐ Consolation aggravates.

☐ Ailment from mortification

☐ Reproaches himself.

☐ Haltered.

☐ Heat after eating

☐ Diarrhoea with tympanitic distension every day before going to school and when anxious.

ANALYSIS

Since child hood he has tympanitic distension of abdomen and mortified by his

father. These are most intense symptoms which played building his ailments and have brought him at this stage of the life. The hatred, lack of confidence and aversion to consolation has been taken as the outcome.

1 3 ABDOMEN - DISTENSION - tympanitic 91

2 1 MIND - CONSOLATION - agg. 45

3 2 MIND - CONFIDENCE - want of self-confidence 87

4 1 MIND - HATRED 43

5 3 MIND - AILMENTS FROM - mortification 53

lyc. nux-v. sulph. ars. calc. phos. chin. sil. lach. nat-m.

1 3 2 1 3 2 3 3 1 3 -

2 1 1 1 2 1 2 1 3 - 4

3 2 2 1 1 1 1 2 3 1 2

4 1 2 3 1 2 1 - - 2 4

5 3 2 2 1 1 1 2 1 2 3

REMEDY - The remedy is Lyc.

OR

CASE-2- by Robin Murphy -MARKS-40.

Date: February 27, 1987 - This is a 60 year old woman. I asked her what her chief complaint was, and she said, "Mental." She has obviously studied some homeopathy. She said in 1985 she was bedridden from 1985 to 1986 with depression - being apathetic and not caring about anything. She had severe hypoglycemia in 1985 with an awful, empty feeling. She has difficult waking, stiffness in the morning; Joints are stiff, worse in the back. Stand humidity or rest (being in one position). Digestion is fine and thirst is fine. She desires sweets. Have no menopausal symptoms. Gets irregular heartbeat – it's often associated

with empty feeling.

PROGNOSIS.

It is good.

CHARACTERISTICS

☐ Indifference to everything.

☐ Stiffness – morning.

☐ Empty feeling.

☐ Desire sweets.

ANALYSIS

1 1 MIND - MORNING

2 2 MIND - INDIFFERENCE - everything, to

3 2 GENERALS - STIFFNESS

4 3 ABDOMEN - EMPTINESS

5 2 GENERALS - FOOD and DRINKS - sweets - desire

sep. sulph. lyc. nux-v. rhus-t. bell. carb-v. phos. merc.

1 1 1 1 2 2 1 1 1 1

2 2 1 2 2 - 1 3 2 2

3 2 2 1 1 3 1 - - -

4 3 1 1 1 1 1 2 3 2

5 2 3 3 1 2 1 2 2 2

We should have three remedies in mind- Sepia, phosphoricum Acidum and Rhus tox. She had already taken sepia. So we can see there are three images - Sepia, Phosphoricum Acidum and may be Rhus tox.

REMEDY

Sepia was selected bases on her mental state.

She had taken one dose of Sepia 30C on January 28, 1986. She had improvement for

only four and a half weeks. It got her out of bed, all her energy was up and all her symptoms were gone for four and a half weeks.

She then took Sepia 200 and had aggravation and stopped.

She consulted me on the above mentioned date.

I gave her sepia 6C on April 7th 1987. I told her to take one dose a day of the 6C for a month. She took four doses of sepia 6C and everything went away, and she was afraid to take any more. I saw her in June, and all the improvement has been maintained since the 6C.

OR

CASE- 3 - by George Vithoukias - MARKS-50.

A rather corpulent woman, aged sixty three, mother of five children, has had herpes zoster for the past eight weeks [3]. It extends from below her left breast to her back [3]. At first it was fiery red with plenty of vesicles and now it is drying up. It does not itch very much, but it burns and stiches terribly [3] day and night. The pain is worse when she lies on the affected side [2], from wool [3], from warmth [3] and from the shower [1]. There is amelioration by coolness and cold things. [2] The general practitioner prescribed allopathic medicines and a physiotherapist treated her, but it did not help her to recover.

She has no unusual medical history. Her husband was hit by a car from behind while they were walking. The death of her husband was a server shock, a very hard time for her, but she thinks she is over it now.

She does not sit and think about him or dream about him. She has always worked hard.

Sometimes she goes to the village but she also feels comfortable at home. She prefers being active instead of watching television. She does not become irritated very easily; she only gets angry when she really has to. She finds it hard to get angry with her grandchildren. She

tidies up the house, does not sit down to knit when things are still in disorder. But she can leave the dishes when she wants to.

She is never cold. She does not tolerate the sun very well and never goes to sit in it. [2]

She normally sleeps well but now wakes up four to five times a night with the pain. This is why she is so tired.

Lately, she has had pain in her forehead in the morning when she wakes up, which disappears in the course of the morning. [2]

She says she is not very thirsty and that she drinks about ten cups of fluid a day. She has no dislikes for food, except roast game.

The Menopause has not caused her any trouble and her menstruation was always regular and without problems.

Something she also noticed lately is that in the morning when she wakes up, her eyes are irritated [2] and glued together [2].

PROGNOSIS

Depth of the disturbance

Herpes zoster is a physical complaint that belongs to the nervous system although it manifests itself on the skin. We therefore have to realize we are treating a complaint of the nervous system and not a skin complaint. The disease may need a longer period of time to be cured because the disturbance is more deeply rooted than in a simple skin complaint.

On its own, herpes zoster is not an incurable disease that responds well to homeopathic remedies, which is favorable for the prognosis.

Personal medical history of the patient

The overall state of health of the patient seems to be fine. She has no medical history and has not taken many medicines. Emotionally, she shows enough resilience to deal with the sudden death of her husband. There are no mental or emotional symptoms

now.

Familiar medical history and hereditary predisposition

There are no signs of genetic predisposition through miasmatic symptoms.

Conclusion

The prognosis should be good.

CHARACTERISTICS

Peculiar symptoms

☐ Herpes zoster below the left breast extending to the back.

☐ She does not tolerate the sun very well.

☐ Frontal headache in the morning on walking.

☐ Irritated eyes with eyelids that stick together in the morning on waking (this is a concomitant symptom and in that sense it is peculiar and important).

Intense symptoms

☐ Burning and stitching pain with aggravation from lying on the affected side, from wool and from warmth and with amelioration by coolness and cold things.

ANALYSIS

1 1 CHEST – Eruptions – herpes - zona 8

2 1 CHEST – ERUPTIONS – herpes – zona – left side 1

3 1 GENERALS – SUN – exposure to the sun 81

4 1 HEAD – PAIN – Forehead – morning – waking; on 74

5 1 EYE – PAIN – morning – waking – on 11

6 1 EYE – AGGLUTINATED – morning 107

7 1a CHEST- PAIN – lying- side; on – affected side –agg. 9

8 1a CHEST- PAIN – lying – side; on – affected side –agg.-

Stitching pain

3

9 1 SKIN- ERUPTIONS – stinging 82

10 1 SKIN- EROPTIONS – burning 122

11 1b SKIN – ERUPTIONS – herpes zoster – cold applications – amel. 1

12 1b SKIN – ERUPTIONS – cold – application – amel. 1

13 1b SKIN – EROUPTIONS – cold – air – amel. 3

14 1b SKIN – ERUPTIONS – cold – bathing – amel. 1

15 1b SKIN - ITCHING – cold – amel. 5

16 1b Skin – ITCHING – cold – bathing – amel. 3

17 1b SKIN – ITCHING – cold – air – amel. 6

18 1c SKIN – ITCHING – warm; becoming – agg. 35

19 1c SKIN - ITCHING – warmth – agg. 9

20 1d SKIN – WOOL – agg. 1

21 1d SKIN – ITCHING – wool agg. 8

Sulph. Nux-v. Graph. Puls. Bell. Calc. Rhus-t. Bry. Help. Merc.

24 22 19 19 18 18 18 16 16 16

1 -- 2 --- 2 ---

2 -----

3 1 2 1 3 3 1 1 2 - 1

4 2 3 1 - 1 1 1 2 1 -

5 1 3 ----- 1 --

6 3 1 3 2 2 3 3 1 2 2

7 - 1 -- 2 2 -----

8 ----- 2 -----

9 3 1 1 3 2 1 2 2 2 2

10 2 2 3 2 2 2 3 2 2 3

11 -----

12 -----

13 ----- 1 -- 1 -

14 -----

15 -- 1 -----

16 -----

17 -----

18 3 -- 2 ----- 3

19 - 1 - 1 -----

20 -----

21 1 -- 1 ---- 2 -

Differentiation of the remedies

Sulphur has skin complaints with aggravation from wool and warmth and amelioration by cold, burning pains, left –sidedness, general aggravation from warmth like the heat of the sun and agglutinated eyes in the morning as keynotes.

Nux Vomica, Calcarea carbonica, belladonna and Mercurius have no keynotes or (psychological) essence in this case.

Graphite is, like Sulphur, one of the main remedies for several types of skin complaints. It has no other keynotes in this case and we cannot confirm the (psychological) essence either.

Pulsatilla pratensis has aggravation from warmth (the sun), amelioration by cold and eye complaint like conjunctivitis as keynotes.

The way in which this woman was able to deal with the loss of her husband contradicts to deal with loss of her husband contradicts the psychological essence of this remedy.

Rhus toxicodendron is one of the main remedies for herpes zoster and has every eruption with vesicles as keynote, as well as a general inclination to be active. The latter belongs to the essence of the remedy. The amelioration by cold thing contradicts the remedy.

Bryonia Alba has aggravation from warmth and amelioration by cold and pressure as keynotes.

Hepar Sulphuric has no keynotes or essence here. The amelioration by cold contradicts the remedy.

REMEDY

Sulphur scores the best on totality and it has the most keynotes in this case. Concerning the psychological essence, we are in the dark. We have to bear in mind, however, that this woman is emotionally balanced and that we cannot differentiate on a well-balanced area. This situation is similar to the one where a patient easily stands both coldness and warmth or does not have food modalities. We cannot use these generalities in order to differentiate because that part is well balanced. The same applies to the mental emotional plane.

Taking all this into consideration, it is Sulphur that fits the best. It also has the main complaint as keynote. So a pathology-oriented analysis also confirms Sulphur. Another thing that acts in favor of this remedy is the concomitant symptoms. A remedy that covers this symptom or has it as keynote has precedence. We can prescribe on totality, keynotes, pathology-oriented analysis and concomitant symptom.

This confirms that the overall state or health of the patient and the condition of the Defence mechanism is good. In the prognosis we mentioned that there is only a psoric predisposition. Sulphur, being the main remedy for this, miasm, 5 also fits the case well from this point of view.

Reaction to the remedy

After administration of one dose of Sulphur 200C, the patient first had a reaction in her eyes where there was a temporary aggravation. The complaints of herpes zoster disappeared within a few days and did not return. She also had no further complaints related to herpes zoster in the following nineteen years and remained a healthy woman still lives on her own and enjoys life to the full.

OR

CASE- 4 - by Andre Saine - MARKS-60.

He is a 25 year old male. I saw him June, 13 th 1991 with chief complaint general suppurative arthritis. The patient presented a wheelchair and was totally crippled by polyarthritis. Most of his joints are greatly atrophied and distorted. He was covered with psoriasis from head to toe which gave his skin a lobster red appearance.

It had started in 1983 with him noticing a 'fungus growth' on the side of his penis, immediately following his first sexual relation. An ointment was then applied. A month later he noticed a patch of psoriasis on his right forearm, then on the head, then the arthritis made its appearance in the right middle finger, then both heels, both knees, both jaws, the right wrist.

The joints pain are worse before rain (3), worse after eating sweets (1) and worse when tired in the evening (3).

He is better on waking (2), from a warm bath (1) and during 'the company of a stranger' (2).

"I motivate myself to look good, when the company leaves, the pains returns like before their arrival."

The itching of his skin is also better the company of strangers.

PAST HISTORY.

He had a happy since early childhood. Any fun made by classmate would affected deeply and hate them. Hearing felt pinching in his heart. In 1989, the disease got worse due to night shift. 1990, observed, during a high fever, psoriasis and arthritis disappeared, to return after fever subsided (?).

CONSTITUTIONAL PROFILE.

He is chilly (2). Since the disease, need to be covered up to neck. Don't feel protected,

locks all doors. Need for a bunker to protect from draft, robbers, enemies and ultra-rays. He feels worse in warm room, sun (psoriasis). Before the psoriasis sun was well tolerated. >

Seashore (1)

SLEEP

He is awakened by pains. Change position constantly. Sleep on left side (1). He screams in sleep (1).

ENERGY

High but drained by the pains < evening > presence of strangers (2)

PERSONALITY

He is brilliant. He has high confidence but ashamed of due to disease. He wants to be the "zero-defect machine." He is proud, ambitious, and very envious. Offended easily, if somebody remark, how crippled he is.

MOST CHARACTERISTICS

Sn Symptoms | Chv Hv Sum

1 Ambitious 3 4 2 9

2 Proud 3 4 2 9

3 Envious 3 4 2 9

4 Ailments from-mortification 3 4 2 9

5 Better company of strangers 3 5 2 10

6 Presumptuous 1 1 2 4

7 Arthritis <before storm 3 3 1 7

Note: I – Intensity, as given by the Physician while taking the case. Chv – Characteristic value of a symptom in the given case. HV – Hierarchical Value of the symptom. For more detail please refer Andre Saine Scheme for analyzing the case.

HIERARCHY

1. Better company of strangers

2. Ambitious
3. Proud
4. Ailments from-mortification
5. Envious
6. Presumptuous
7. Arthritis & before storm

OTHER SYMPTOMS

1. Would like to be protected by bunker.
2. & Heat of the sun.
3. Chilly.
4. Psoriasis & spicy foods.

ANALYSIS

Pall. Plat. Staph. Lyc. Nux-V. Lach. Puls. Sulph. Aur-M-N.

1 2 -----

2 - 1 1 2 -----

3 2 3 1 1 3 2 1 2 2 1

4 2 4 2 4 1 2 2 3 1 1

5 3 1 4 3 2 2 2 2 2 1

6 2 2 2 1 1 2 3 1 1 3

REMEDY

Palladium.